



# FREE PARENTING WORKSHOPS & PROGRAMS DUFFERIN COUNTY

**September  
2024**

*Dufferin Coalition for Kids...*  
*Working together to help you be the best parent you can be.*

## Dufferin Wellington Guelph Fetal Alcohol Spectrum Disorder

FASD Awareness Day Community Walk

September 9, 2024

6:30pm - 8:00pm

Market Square, 62-2 Carden St, Guelph ON

**Contact:**  
fasd@dcafs.on.ca  
<https://www.dufferinwellingtontonfasd.com/>



## Kerry's Place Autism Services Free Virtual Workshops

Date	Workshop	Time
September 12	Fundamentals of Autism	9:30am-12:00pm
September 14	Caregiver Nonviolent Crisis Intervention (NVC)	9:30am-1:00pm
September 17	Making Sense of Financial Options for Parents and Caregivers	6:00pm-8:30pm
September 18	Autism: Beyond the Diagnosis	6:00pm-8:30pm

**Contact:**  
intake@kerrysplace.org  
1-883-77-KERRY  
(1-833-775-3779)



## Dufferin Child and Family Services Free Virtual Workshops

Date	Workshop	Time
September 4	Behaviour Basics 1	9:30am-11:30am
September 5	How to Help Your Child Fall Asleep & Stay Asleep	9:30am-11:30am
September 6	Toilet Training/Learning	9:30am-11:30am
September 10	How to Help Your Child Transition to School	9:30am-11:30am
September 10	Behaviour Basics 1	6:30pm-8:30pm
September 11	How to Help Your Child Transition Between Activities	9:30am-11:30am
September 12	The Caregiver's Journey	9:30am-11:30am
September 13	The Nuts & Bolts of Using Visual Supports	9:30am-11:30am
September 17	Homework Helpers	9:30am-11:30am
September 18	Behaviour Basics 2	9:30am-11:30am
September 19	Coffee Chat	9:30am-11:30am
September 20	Teaching Independent Living Skills	9:30am-11:30am
September 24	Behaviour Basics 2	6:30pm-8:30pm
September 26	Picky Eaters	9:30am-11:30am
September 26	Toilet Learning/Training	6:30pm-8:30pm
September 27	Next Steps: We Have the Diagnosis...Now What?	9:30am-11:30am

To register for workshops and for more information, please visit:

<https://behavioursolutions.dcafs.on.ca/foundational-family-services/>

**Contact:**  
beryl.saayman@dcafs.on.ca



## EarlyON Child and Family Centre Free Workshops

Date/Time	Workshop	Location
Tuesdays 10:30am – 12:30pm	Feelings After Birth	Orangeville <a href="#">EarlyON</a>
Tuesdays 1:30pm – 3:00pm	Lactation Lounge	Orangeville <a href="#">EarlyON</a>
Wednesdays 10:00am – 12:00pm <i>*10 week registered program from Sept 25-Nov 27</i>	Bounce Back and Thrive	Orangeville <a href="#">EarlyON</a>
Thursdays 12:00pm – 2:00pm	Filling Your CUP	Shelburne <a href="#">EarlyON</a>

Not all workshops require registration. Please visit the social media pages below for more details:

[Dufferin EarlyON Facebook](#)  
[Dufferin EarlyON Instagram](#)

**Contact:**  
infoeycc@dufferincounty.ca  
or [EarlyON Family Centre, Programs | Dufferin County](#)  
for more details or for help registering.



Please note, some agencies listed above have additional workshops for a fee.

## Have you visited [mydufferin.ca](https://mydufferin.ca)?

My Dufferin is a directory of services accessible to residents of Dufferin County that support the well-being of children and families.



[dufferincoalitionforkids.ca](https://dufferincoalitionforkids.ca)