

## FREE PARENTING WORKSHOPS & PROGRAMS IN DUFFERIN COUNTY

Dufferin Coalition for Kids... Working together to help you be the best parent you can be.

**Dufferin** Wellington Guelph

### **Dufferin Wellington Guelph Fetal Alcohol Spectrum Disorder**

Contact: fasd@dcafs.on.ca For more information and to register, please visit: <a href="https://www.dufferinwellingtonfasd.com/">https://www.dufferinwellingtonfasd.com/</a>

**FASD Executive Functioning Group** Saturdays, November 1 - November 29

Grades 6-8: 9:00am - 11:00am Grades 9-11: 1:00pm - 3:00pm

**FASD Action Group** Wednesday, November 5 Wednesday, December 3

10:00am - 12:00pm

Kerry's Place Autism Services Free Virtual Workshops

**Virtual Parent/Caregiver Support Group** 

Wednesday, November 12 Tuesday, November 25 Wednesday, December 10

7:30pm - 9:30pm



Kerry's Place

**Caregiver Nonviolent** 

**Crisis Intervention** 

Saturday, November 8

9:30am - 12:00pm

**Registration Link** 

First Steps: A New **Diagnosis of Autism** 

10:00am - 12:00pm

**Registration Link** 

**Letting In: Supporting** 2SLGBTQ+ Autistic Saturday, November 8

Youth Tuesday, November 18

5:30pm - 8:00pm

**Registration Link** 

**Making Sense of Financial Options for Parents and Caregivers** Tuesday, November 25

5:30pm - 7:30pm

**Registration Link** 

**Empowering Neurodiversity: Understanding** Tuesday, December 9 **Autism** Monday, December 1

1:00pm - 2:30pm

**Registration Link** 

1:00pm - 3:30pm

**Caregiver Nonviolent** 

**Crisis Intervention** 

**Registration Link** 

The Caregiver's Journey

Wednesday, November 12

6:30pm - 8:30pm

What's Next? Preparing

for Life After Secondary

School

Wednesday, November 19

9:30am - 11:30am

**Teaching Essential** 

**Independent Living Skills** 



For more information, please visit: https://www.kerrysplace.org/

dcafs **Behaviour Basics** Tuesday, November 4

6:30pm - 8:30pm

**Family and Peer** 

Mentoring

Coffee Chat

Thursday, November 13

6:30pm - 8:30pm

**Homework Helpers** 

Wednesday, November 26

6:30pm - 8:30pm

**Behaviour Basics** 

Tuesday, December 9

9:30am - 11:30am

Toilet Learning/Training Wednesday, November 5

6:30pm - 8:30pm

Reinforcement 101 Tuesday, November 18

6:30pm - 8:30pm

**Teaching Essential** 

**Independent Living Skills** 

Thursday, November 27

9:30am - 11:30am

The Caregiver's Journey

Wednesday, December 10

6:30pm - 8:30pm

9:30am - 11:30am **Introducing New Foods/Picky Eaters** Wednesday, November 19

Contact: intake@kerrysplace.org

**Dufferin Child and Family Services Free Virtual Workshops** 

How to Help Your Child go

to Sleep and Stay Asleep

Thursday, November 6

9:30am - 11:30am

**Managing Holiday Expectations** 

Tuesday, December 2 9:30am - 11:30am

**New Beginnings** Thursday, December 11

9:30am - 11:30am

Next Steps: We Have a Diagnosis, Now What? Wednesday, November 12 9:30am - 11:30am

**Outings** Thursday, November 20 9:30am - 11:30am

**Tips for Community** 

Toilet Learning/Training Wednesday, December 3

6:30pm - 8:30pm

How to Help Your Child go to Sleep and Stay Asleep

Tuesday, December 16 9:30am - 11:30am

Thursday, December 4 9:30am - 11:30am

**Introducing New Foods/Picky Eaters** Wednesday, December 17 9:30am - 11:30am

Family and Peer Mentoring Coffee Chat Thursday, December 18

To register for workshops and for more information, please visit: https://behavioursolutions.dcafs.on.ca/foundational-family-services/



9:30am - 11:30am



#### The Parent Support Network Free Virtual Workshops Taming the Dragon: **Pathways to Success: Pathways to Success: Anger and Stress Guiding Your Child's**

Without Criticizing Your **Partner** Wednesday, November 5 Tuesday, November 11

**How to Complain** 

12:00pm - 1:00pm + 1/2hr O&A

7:00pm - 8:00pm + 1/2hr O&A

Management

Registration Link

(Part 1) Wednesday, November 19

Postsecondary Journey

7:00pm - 8:00pm + 1/2hr Q&A Registration Link

Contact: info@dpsn.ca

EarlyON Child and Family Centre Free Workshops

**Guiding Your Child's Postsecondary Journey** (Part 2) Wednesday, November 26

7:00pm - 8:00pm + 1/2hr Q&A **Registration Link** 

Tuesday, December 2 7:00pm - 8:00pm + 1/2hr Q&A **Registration Link** 

Riding the Waves - How

to Help Your Child

**Navigate Rough Waters** 

and Manage Their

**Anxiety** 



For more information, please visit: www.parentsupportnetwork.ca



Tuesdays 10:00am - 11:30am

Orangeville EarlyON

**Managing Little Ones** 

Wednesdays 10:00am - 11:30am

Fill Your Bucket

**Shelburne EarlyON** 

The 8 Wonders of Senses **Thursdays from October** 30 to December 18 1:15pm - 2:00pm

Orangeville EarlyON

**Creating Understanding** With Young Parents **Thursdays** 12:30pm - 2:00pm

Orangeville EarlyON

with Big Emotions Tuesday, November 11 1:00pm - 2:30pm Orangeville EarlyON

**Managing Little Ones** 

Contact: infoeycc@dufferincounty.ca or EarlyON Family Centre, Programs |

Virtual

7:00pm - 9:00pm

with Big Emotions Tuesday, November 18 1:00pm - 2:30pm

Orangeville EarlyON

**Sleep Longer Stretches** Wednesday, December 3 10:00am - 11:30am Shelburne EarlyON

**Helping Your Infant** 

**Dufferin County** Please follow our social media to see all programs and updates:

https://www.facebook.com/DufferinEarlyON https://www.instagram.com/dufferinearlyon



## **Caring Dads**

Family Transition Place Free Workshop

From October 28, 2025 to March 3,

2025

This 17-session group will help fathers improve their relationships with their children by ending controlling, abusive and neglectful behaviours.

Facilitated in partnership with Dufferin Child & Family Services. To register, please contact: Lyn Knuff, Parent and Child Counsellor at 519-942-4122 ext.309

ErinoakKids Free Virtual Workshops



# ERINOAKIDS

Teaching Daily Living **Skills** Monday, November 3

1:30pm - 3:00pm

Tuesday, November 4 4:30pm - 5:30pm

**Teen Social Connect** 

Wednesday, November 5 9:30am - 11:30am

Introduction to ABA

Thursday, November 6 4:30pm - 6:30pm

**Behaviour** 

Friday, November 7 Friday, November 7 9:30am - 11:30am

One Bite at a Time

1:30pm - 3:30pm

**Toilet Learning** 

Monday, November 10 9:30am - 11:30am

**Sleep Solutions** 

Learning to Play and **Playing to Learn** 

**Transition to Post-**Secondary

**Introduction to ABA** Developing **Communication Skills** Friday, November 21

Tuesday, December 2 1:30pm - 3:30pm

December 3 9:30am - 11:30am

One Bite at a Time

Wednesday,

**Toilet Learning** 

Thursday,

December 4

4:30pm - 6:30pm

November 12 4:30pm - 6:30pm **Understanding Behaviour** 

Friday, December 5

1:30pm - 3:30pm

Wednesday,

Wednesday, November 12 9:00am - 3:00pm **Developing** 

**Communication Skills** 

Monday, December 8

4:30pm - 6:30pm

9:30am - 11:30am **Sleep Solutions** Wednesday,

December 10

1:30pm - 3:30pm

**Teaching Daily Living** Skills

Friday, December 12

9:30am - 11:30am

**Teen Social Connect** Tuesday, December 16

4:30pm - 5:30pm

To register for workshops, for more information and to view all other workshops available, please visit: ErinoakKids Calendar of Events



**Directory of Services in Dufferin:** 





dufferincoalitionforkids.ca