

## Dufferin Wellington Guelph Fetal Alcohol Spectrum Disorder

Virtual Parent/Caregiver Support Group

7:30pm-9:30pm

March 10, March 25, April 7, April 22

For more information or to register, please visit:  
<https://www.dufferinwellingtonfasd.com/>

Contact: [fasd@dcafs.on.ca](mailto:fasd@dcafs.on.ca) for more details or for help registering.



## The Parent Support Network Free Virtual Workshops

Click on the titles below to register for PSN workshops

**Tues, March 3**

Taming the Dragon: Anger and Stress Management

7:00pm-8:30pm

**Tues, March 31**

Riding the Waves - How to Help Your Child Navigate Rough Waters and Manage Their Anxiety

7:00pm-8:30pm

**Wed, March 11**

From Picky to Positive: How to Raise Competent Eaters

12:00pm-1:30pm

**Wed, April 1**

Connecting with Your Teen - Practical Strategies for Real Conversations

7:00pm-8:30pm

Contact: [info@parentsupportnetwork.ca](mailto:info@parentsupportnetwork.ca) for more details or for help registering.



## Kerry's Place Autism Services Free Virtual Workshops

**Thurs, March 5**

Family Support Group for Caregivers: Neurodiverse Caregivers

6:00pm-8:00pm

**Thurs, March 26**

Empowering Neurodiversity: Understanding Autism

9:30am-11:30am

**Thurs, April 16**

Keeping Safe in a Digital World

5:30pm-8:00pm

**Thurs, April 30**

Family Support Group for Caregivers: Empowering You, Organization 101

5:30pm-8:00pm

**Thurs, March 19 & Wed, April 15**

Family Support Group for Caregivers: Neurodiverse Caregivers

March - 6:00pm-8:00pm

April - 5:30pm-7:30pm

**Mon, March 30 & Wed, April 22**

Caregiver Nonviolent Crisis Intervention (NVCI)

March & April - 6:00pm-8:30pm

**Wed, April 22**

Autism: Beyond the Diagnosis

5:30pm-8:00pm

**Tues, March 10**

Flush it Out: Teaching Toileting Routines to Persons with Autism

5:30pm-8:00pm

**Tues, April 14**

Ask an Expert: Occupational Therapy

6:00pm-7:00pm

**Thurs, April 23**

Family Support Group for Caregivers: Girls on the Spectrum

6:00pm-8:00pm

For more information, please visit:  
<https://www.kerrysplace.org/>

Contact: [intake@kerrysplace.org](mailto:intake@kerrysplace.org) for more details or for help registering.



## Dufferin Child and Family Services Free Virtual Workshops

**Tues, March 3**

Preparing Your Child for Camp

9:30am-11:30am

**Wed, March 11**

The Caregiver Journey

6:30pm-8:30pm

**Tues, March 24**

Tips for Community Outings

6:30pm-8:30pm

**Wed, March 4**

Behaviour Basics

6:30pm-8:30pm

**Thurs, March 12**

Helping Your Child Transition to New Environments

9:30am-11:30am

**Thurs, March 26**

Coffee Chat - Family & Peer Mentoring

9:30am-11:30am

**Thurs, March 5**

Toilet Learning

6:30pm-8:30pm

**Wed, March 18**

Reinforcement 101

6:30pm-8:30pm

**Fri, March 27**

New Beginnings - Starting your Ontario Autism Program Journey!

9:30am-11:30am

**Fri, March 6**

Homework Helpers

9:30am-11:30am

**Thurs, March 19**

Play Time is Learning Time

6:30pm-8:30pm

**Tues, March 31**

New Foods/Picky Eaters

9:30am-11:30am

**Tues, March 10**

Teaching Independent Life Skills

6:30pm-8:30pm

**Fri, March 20**

Anxious Moments & Facing Challenges

9:30am-11:30am

To register for workshops and for more information, please visit:  
<https://behavioursolutions.dcafs.on.ca/foundational-family-services/>



## EarlyON Child and Family Centre Free Workshops

Creating Understanding with Young Parents (CUP)

Mondays  
9:30am-11:00am  
Orangeville EarlyON



Fill Your Bucket

Mondays  
2:00pm-3:30pm  
Orangeville EarlyON



Feelings After Birth (FAB)

Wednesdays  
10:00am-11:30am  
Orangeville EarlyON

Not all workshops require registration. Please visit the social media pages below for more details:  
[Dufferin EarlyON Facebook](#)  
[Dufferin EarlyON Instagram](#)

Contact: [infoeycc@dufferincounty.ca](mailto:infoeycc@dufferincounty.ca) or [EarlyON Family Centre, Programs | Dufferin County](#) for more details or for help registering.