

**MEETING MINUTES**  
**Thursday, April 4, 2019, 9:30 a.m.–11:30 a.m.**  
**Edelbrock Centre**

<p><b>Attendance:</b> Jennifer Moore, Lori-Jane Del Medico, Anna Vanderlaan, Michi Motomura, Karine Barass, Jackie Rivers, Andrea Roberts, Lucy Papaloni, Laura La Rocca, Kathleen McColm, Sharon Doherty</p> <p><b>Guests:</b> Blair Hodgson, Katie Junkin, Laura Campbell (WDGPH)</p> <p><b>Regrets :</b> Yulanda Julien, Darla Fraser, Gina Marion, Ray Osmond</p>	<p>Chairperson: Lori-Jane Del Medico</p> <p>Minutes: Jane Hall</p>
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Item	Discussion	Action	Person Responsible
<b>Welcome</b>			
<b>Agenda and Minutes</b>	Approved		
<b>Treasurer’s Report</b>	<p><i>Jennifer</i></p> <ul style="list-style-type: none"> <li>• No budget allocation announced yet from the Ministry for this year (typically we have received \$15,000 in past years)/ waiting for provincial budget announcement on April 11 and then we’ll know better about the status</li> <li>• Discussions will be upcoming about potential financial contributions being requested from DuCK members in future, as there may be cutbacks in our funding sources</li> </ul>		
<b>2017–18 Youth Survey: Key Findings and Areas for Action</b>	<p><i>Blair Hodgson</i></p> <ul style="list-style-type: none"> <li>• 2017/2018 youth survey results for Dufferin – grade 7 and 10 students in public schools across WDG/ conducted every 3 years (2011/12, 2014/15, 2017/18)</li> <li>• Key findings of pressing needs for youth that the community can mobilize around</li> <li>• There are also some positives to report over last 6 years: levels of family support/quality time at home/family communication have increased; bullying has decreased; caring school climate/ volunteering/ feeling safe in neighbourhood have remained high</li> </ul> <p>5 key findings – concerns to address:</p> <ul style="list-style-type: none"> <li>○ Binge drinking has decreased but prescription painkiller misuse has increased and is starting at a younger age</li> <li>○ Relatively high level of unwanted sexual activity reported by grade 10 girls</li> </ul>		

**DUFFERIN COALITION FOR KIDS**

	<ul style="list-style-type: none"> <li>○ Screen time has increased steadily among all students and there is a link to risk of depression</li> <li>○ Substantial mental health challenges are reported by grade 10 girls</li> <li>○ Non binary youth have poorest outcomes amongst youth across the board</li> <li>• More information can be found on the attached Key Findings summary handout and the presentation slides, and on the Children’s Well Being Report Card website’s data portal</li> </ul>	<p><b>Presentation and Key Findings handout are included with the minutes.</b></p> <p><a href="http://www.wdgreportcard.com">www.wdgreportcard.com</a></p>	
<p><b>Last Call Dufferin</b></p>	<p><i>Katie Junkin and Laura Campbell</i></p> <ul style="list-style-type: none"> <li>• New alcohol awareness campaign called “Last Call”</li> <li>• 40% of youth in Dufferin binge drink and about half of adult drinkers do so in risky ways</li> <li>• Launching campaign this spring in Dufferin based on the Guelph campaign that was run – videos, social media, website, theatre screens, etc. / campaign showed positive results – increased awareness and behavioural changes</li> <li>• Trying to understand and change the “social norm” of drinking, especially among young moms (“Wine Mom”) – alcohol is not self care</li> <li>• Looking for support from DuCK members:             <ul style="list-style-type: none"> <li>○ Looking for Dufferin stories from youth and young women/young moms – need help finding people</li> <li>○ Looking for youth to participate in focus groups to see what info would be helpful for the campaign</li> <li>○ Asking for DuCK members to promote the campaign when it is ready to go – they will come back to DuCK at that time</li> </ul> </li> <li>• Hoping to go into highschoools as well to get input from students</li> </ul>	<p><b>Posters are included with the minutes to be shared with colleagues/clients (two versions - handout version and social media version – for social media posts, accompany with the following text:</b></p> <p>“Everyone has an alcohol story. What is yours? We want to hear your stories. Contact us at: <a href="mailto:laura.campbell@wdgpublichealth.ca">laura.campbell@wdgpublichealth.ca</a> or 1-800-265-7293 ext.4236”</p> <p><b>Anyone who may be interested in telling their story or participating in a focus group can contact Laura <a href="mailto:Laura.campbell@wdgpublichealth.ca">Laura.campbell@wdgpublichealth.ca</a> OR have them call 1-800-265-7293 ext. 4236</b></p>	<p><b>All</b></p> <p><b>All</b></p>

<p><b>Moving on Mental Health / Special Needs Strategy</b></p>	<p><i>Jennifer</i></p> <p>Moving on Mental Health:</p> <ul style="list-style-type: none"> <li>• Moving on Mental Health committee and Special Needs Operations committee have now come together to form one committee</li> <li>• Transitioned to Ministry of Health and Long Term Care/ expect more changes to come</li> <li>• Will be opportunity to put forward a community health plan/ this is new info so impact unknown as yet/ meetings with health providers have started to see what this might look like</li> </ul> <p>Special Needs Strategy:</p> <ul style="list-style-type: none"> <li>• Coordinated service planning has been in place for quite some time now/ huge case loads/ issues have changed significantly over last 20 years and it's a challenge/time consuming to meet needs</li> <li>• Community health plan is an opportunity to reframe service delivery</li> <li>• Recent changes to Autism program - in Dufferin, DCAFS services ages 0-9 and recently held parent consultations to talk about their needs now that they are to receive direct funding/ got some good ideas including summer camp programming with behavioural supports/ next fiscal year, there will be no base funding, everything will be fee for service/ age group will be widened</li> <li>• Keeping an eye on child welfare/ concern that parents will struggle when have less supports</li> <li>• There are opportunities as well as issues with the Autism changes</li> <li>• Stay tuned for more info.</li> </ul>		
<p><b>Ministry of Children, Community and Social Services</b></p>	<p><i>Kathleen</i></p> <ul style="list-style-type: none"> <li>• Autism program changes already discussed – some parent consultations will be taking place</li> <li>• April 11 budget – high level for funding allocations and then more clarity on impacts to specific programs will come soon afterwards (hopefully)</li> <li>• Letter went out to some agencies about some funding transfers to “health” (just some small programs)</li> </ul>		
<p><b>Ministry of Education Update</b></p>	<ul style="list-style-type: none"> <li>• No update</li> </ul>		
<p><b>Ensuring School Success</b></p>	<ul style="list-style-type: none"> <li>• No update</li> </ul>		

<p><b>Mental Health, Substance Misuse and Addiction Prevention (MHSMAP) Action Group</b></p>	<p><i>Michi</i></p> <p>Stress Lessons Pilot:</p> <ul style="list-style-type: none"> <li>• MSHMAP is overseeing a pilot of the “Stress Lessons” program</li> <li>• 3 schools in pilot/ grade 7 students</li> <li>• Grant was received to fund this</li> <li>• Pilot has been in implementation since Oct 2018 and will be wrapping up in May</li> <li>• Evaluation taking place with pre and post measure analysis – not seeing a difference at this point but not a surprise as several factors could be influencing these results</li> <li>• Next step is teacher focus groups</li> <li>• Leftover grant money can be used to expand to more schools</li> <li>• More information to come</li> </ul> <p>Inventory of MSHMAP services (<i>Points of Access for Child &amp; Youth Mental Health Information, Services, and Supports in Dufferin</i>):</p> <ul style="list-style-type: none"> <li>• Working on making some updates</li> <li>• Want to provide as an electronic resource once it’s fully updated</li> <li>• Want to re-engage the MSHMAP group to do some brainstorming for ideas for new projects</li> </ul>	<p>See details in DuCK annual report, which will be posted on DuCK website.</p> <p>Let Michi know if you see any omissions or errors in the MSHMAP Points of Access document.</p>	<p>Laura to post.</p> <p>All</p>
<p><b>Parental Support and Developmental Awareness (PSDA) Action Group</b></p>	<p><i>Michi</i></p> <ul style="list-style-type: none"> <li>• Dufferin Basics is in communication mode to raise awareness – staff presentations at service providers, post cards, in well baby packages, playing the videos, social media posts (in development), trying to get into doctors’ offices</li> <li>• Ad is in April Snapd newspaper</li> <li>• Want to implement Dufferin Basics parenting workshops – will pilot at CUP workshops at EarlyON</li> <li>• Presented funding request to purchase more booklets and postcards (approx. \$1000) - approved</li> <li>• No translation to French videos available – too costly even just for subtitles</li> <li>• Continuing to evaluate through focus groups and will ask for feedback from service providers before implementing a wider community feedback strategy</li> </ul>		

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<p><b>Communications Committee Update</b></p>	<p><i>Jane</i></p> <ul style="list-style-type: none"> <li>• <i>My Dufferin</i> stand-up banners were given to DCAFS and Public Health to display for 2 months in their lobby areas – banners to be circulated around to DuCK members for display on a approx. 2 month cycle (from DuCK meeting to DuCK meeting)</li> <li>• Committee is continuing to ask for DuCK member support in promoting the <i>My Dufferin</i> website – through social media and website posts, posters, etc.</li> </ul> <ul style="list-style-type: none"> <li>• Need to find out about status of French stand-up banner</li> <li>• Laura is working on the parenting workshop calendar poster for May/June</li> <li>• The Communications Committee will be doing some planning/ brainstorming for ideas for new projects</li> </ul>	<p><b>Banners to be returned at next DuCK meeting in June.</b></p> <p><a href="http://www.mydufferin.ca">www.mydufferin.ca</a></p> <p><b>Let Jane know if you need a copy of the <i>My Dufferin</i> poster.</b></p> <p><b>Follow up with the printer.</b></p> <p><b>Send any workshops to Laura that need to be included in the calendar by APRIL 23.</b></p>	<p><b>Michi and Jennifer</b></p> <p><b>All</b></p> <p><b>Laura/Jane</b></p> <p><b>All applicable agencies</b></p>										
<p><b>Information Sharing</b></p>	<p><i>Sharon</i></p> <ul style="list-style-type: none"> <li>• New space at Alder Rec centre (previously the restaurant) is now a health and lifestyle centre/ launched in new year/ sports facilities, fitness, drop in programming such as family yoga, with focus on youth/ building on low cost &amp; no cost activities             <ul style="list-style-type: none"> <li>○ Info about the centre to be added to the <i>My Dufferin</i> website</li> </ul> </li> <li>• Summer camps filling fast</li> </ul> <p><i>Jennifer</i></p> <ul style="list-style-type: none"> <li>• I-CAN first anniversary just passed/ lots of positive feedback about the program</li> <li>• DCAFS accreditation program currently taking place/site review 3<sup>rd</sup> week of April</li> <li>• Implementing provincial enterprise system for child welfare</li> <li>• Reminder about May 10 fundraiser “Building Better Tomorrows” for the Dufferin Children’s Fund/ lunch and speaker Jessica Holmes</li> </ul>	<p><b>Jane to pass the info on to Laura to be posted on <i>My Dufferin</i>.</b></p> <p><b>Contact Jennifer for tickets to fundraiser event if interested.</b></p>	<p><b>Laura/Jane</b></p> <p><b>All</b></p>										
<p><b>Next Meeting</b></p>	<p align="center"><b>2019 meeting dates:</b></p> <table border="0"> <tr> <td>Thursday February 7</td> <td>9:30 am–11:30 am</td> </tr> <tr> <td>Thursday April 4</td> <td>9:30 am–11:30 am</td> </tr> <tr> <td>Thursday June 6</td> <td>9:30 am–11:30 am</td> </tr> <tr> <td>Thursday September 5</td> <td>9:30 am–11:30 am</td> </tr> <tr> <td>Thursday November 7</td> <td>9:30 am–11:30 am</td> </tr> </table>	Thursday February 7	9:30 am–11:30 am	Thursday April 4	9:30 am–11:30 am	Thursday June 6	9:30 am–11:30 am	Thursday September 5	9:30 am–11:30 am	Thursday November 7	9:30 am–11:30 am	<p align="center"><b>Edelbrock Centre 30 Centre Street, Orangeville</b></p>	<p><b>All</b></p>
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